

Parent-Spouse Questions

What do you know about ADHD?

- What is ADHD?
- What don't you know about ADHD?
- What confuses you about ADHD?

ADHD Support

- How are you supposed to support those with ADHD?
- What strategies are you currently using to support a person with ADHD?
- What's working?
- What isn't working?
- What are your challenges in working with those with ADHD?
- How would you know (how could you tell) if your support was helping (having an impact) on a person with ADHD?

The Individual with ADHD

- What is really cool or unique about the individual with ADHD you are helping to support?
- What comes easy for the individual with ADHD that you are supporting?
- Who did they inherit their ADHD from?