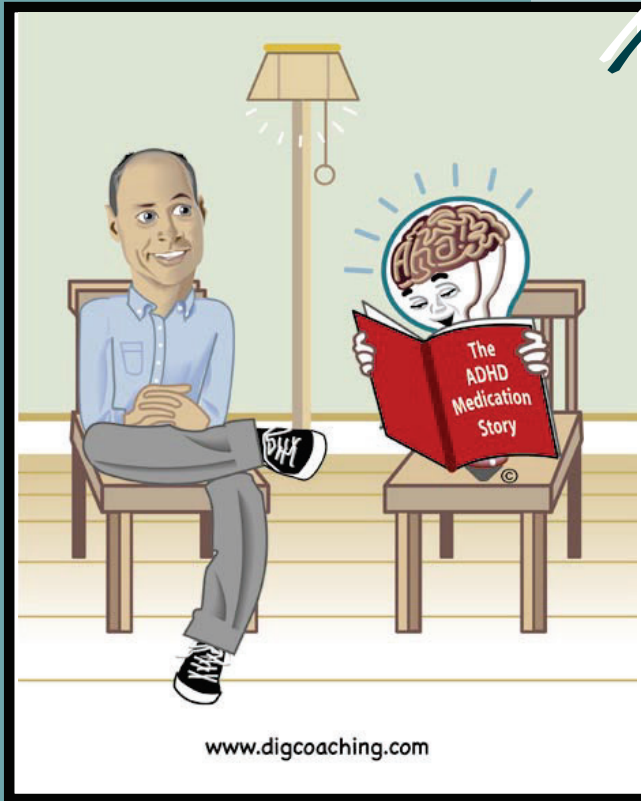
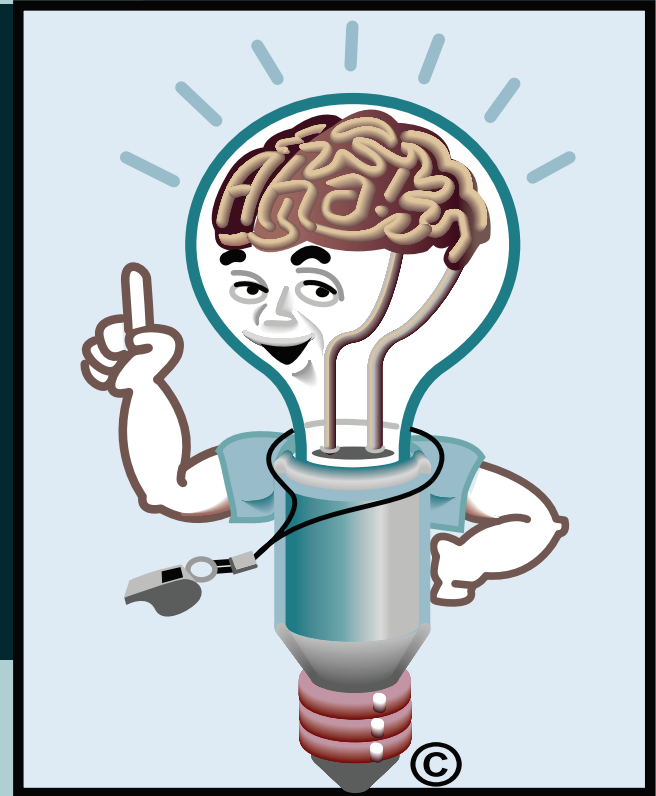


The ADHD Medication Story:



Its
History
and the
Basics



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Its History and the Basics



**Jeff
Copper**

In my years as a coach, many people have asked questions about ADHD medication and isolation. To answer the questions, it's often helpful to understand things within a much larger context.

That context cannot be only history but must include comparisons to other alternatives. Often, it's a challenge to find someone who can take such complicated information and explain it in a way that's simple and fun and really makes a lot of sense. I found that person in John I. Bailey, Jr., M.D.

My first encounter with Dr. Bailey was via social media, podcasts, or other auditory discussions. Then one day I found him at a conference presentation. He was brilliant at explaining things, so I invited him to be a guest on my podcast to share the story of ADHD medications from his perspective. This eBook is a synopsis of that interview. While some of the information is quite entertaining, I have not been able to verify all of the information; however, some of it makes a lot of sense. For example, is Vyvanse actually named after the actress Vivian Vance from "I Love Lucy"? We don't really know, but it is fun to think about.

BIO:

John I. Bailey, Jr., M.D.

Dr. John I. Bailey Jr., was Dean of ADHD Treatment Physicians in Alabama. In 1995, he founded the Center for Attention and Learning, the state's first specialty clinic for ADHD, and his practice grew to four states across the Gulf Coast and expanded to include many conditions associated with ADHD. He lectured and educated both patients and physicians across the United States. He is a graduate of the University of Alabama where he earned his medical degree and is board certified in family medicine. At a time when there were only four ADHD clinics in the South, he began to specialize in ADHD and related conditions. Since then, he treated approximately 4,000 individuals with ADHD from age four to 22. He is currently retired from practice and enjoying life.